Dear Families:

This week, we continued to talk about the five senses. Today we discussed the sense of smell. We pondered questions such as: “We all have noses, but why can we smell? Where are the smells coming from? Why are there so many different smells? How does smell affect taste?” Our discussion topics ranged from nose sizes to the stinky smell of diapers!

After our discussion, we passed around containers with holes punched in the lids so that the children could smell the contents of each container and guess what was inside. The children then drew pictures in their journals depicting the contents of each container. This activity encouraged the children to use their sense of smell as an important observational tool.

Research suggests that sensory activities like these can sharpen a child’s senses, as well as their expressive language skills.

You can extend your child’s learning by incorporating flowering plants with distinctive, pleasing scents into your gardens. We have planted herb gardens at our entrances, and you are invited to harvest these herbs at any time for your own olfactory investigations.

Enjoy your sensory adventures!