Dear Families:

Today, the children used a recipe to make playdough out of flour, salt, water and food coloring. While we mixed the playdough, we made predictions about what would happen when we added each ingredient and what would happen if we added too much or too little of each ingredient. The children observed the changes in the consistency and texture of the playdough as we continued to add and mix the ingredients.

After we were finished, we played with the playdough. The children rolled the playdough into balls and snakes and made other items as they explored the texture and feel of the playdough. As we played, we discussed how we had made the playdough from the recipe.

While playdough can be purchased at stores, it is a great experience to invite children to make playdough themselves. You likely have these basic ingredients on hand at home already. There are many different recipes for playdough. We used a no-cook recipe. However, if you’d like, you can follow recipes that require cooking to make playdough that lasts longer and is nearly the same as store-bought playdough.

As you and your child play with the playdough, ask questions and initiate conversations about how the playdough feels and how it can be used.

Have fun making and playing with playdough!